



### **Detailed Synopsis for *A Beautiful Way To Be Crazy***

There is some reference to anxiety and depression, eating disorders, some mild swearing, themes of bullying, and a pregnancy scare, but it's all handled very gently and there is nothing too graphic.

The show is semi-autobiographical and deals with Genevieve's teenage years, when she is struggling with the idea of 'fitting in', body image and confidence, and also covers problems with anxiety in later adult life. However the overall message is one of positivity and self-acceptance.